

ADULT COACHING @ WOODBRIDGE



HAVE FUN, MEET PEOPLE, GET FIT!

Raise your game - join one of our adult coaching courses.

DAY	TIME	GROUP	COACH
Monday	11-12pm	Cardio Tennis **	Darren
Monday	2-3pm	Walking Tennis	Jon
Tuesday	1.30-3pm	Improvers	Jon
Wednesday	9.15-10.45am	Improvers	Darren
Wednesday	11am - 1230pm	Pickleball	Darren
Wednesday	1.30-3pm	Improver / Club	Jon
Wednesday	615pm - 715pm	Pickleball	Darren
Thursday	1.30-3pm	Team Players	Jon
Thursday	6-7pm	Improvers	Darren
Friday	9.15-10.45am	Team Players	Jon
Friday	11.30-12.30pm	Cardio Tennis **	Darren

Sign up for 6 sessions ** for £60 (Member) or £72 (Non-member)

Pay & Play for £12 per session (Member) or £15 (Non-member)

** 6 sessions to be taken within a single term

**** PICKLEBALL & CARDIO £10 PER SESSION**

Jon Mansfield 07796366032 /

Darren Clarke 07394069792

woodbridgetennis.org.uk

